

## Training Provider Name Sample Nurse Assistant Training Program Schedule

**Classroom and Clinical training hour equals = 60 minutes.**

**Classroom training must include 50 minutes of participation in an organized learning experience.**

**Theory Hours: 7:00 AM – 3:30 PM (Monday – Friday)**

**Clinical Hours: 7:00 AM – 3:30 PM (Monday – Friday)**

**Lunch: 11:00 AM-11:30 AM Schedule Revision Date: 10/10/2019**

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
THEORY: 8 hours	THEORY: 8 hours	LAB SKILL PRACTICE	CLINICAL: 7 hours	CLINICAL: 8 hours
<p><b><u>Module 1: Introduction</u></b>                      (2 hours)                      (A)(B)(C)(D)(E) (Components for the modules being taught this day are to be listed after the Module number and Title as listed on CDPH 276C)</p> <p><b><u>Module 2: Patient's Rights</u></b>                      (3 hours)                      (A)(B)(C) - 2 hours                      (D) -1hr</p> <p><b><u>Module 3: Interpersonal Skills</u></b> (2 hours)                      (A)(B)(C)(D)(E)</p> <p><b><u>Module 4: Prevention and Management of Catastrophe and Unusual Occurrences</u></b>                      (1 hour)                      (A)(B)(C)(D)(E)</p>	<p><b><u>Module 5: Body Mechanics</u></b>                      (2 hours)                      (A)(B)(C)(D)</p> <p><b><u>Module 6: Medical and Surgical Asepsis</u></b> (2 hours)                      (A)(B)(C)</p> <p><b><u>Module 12: Emergency Procedures</u></b> (2 hours)                      (A)(B)(C)</p> <p><b><u>Module 14: Rehabilitative Nursing</u></b> (2 hours)                      (A)(B)(C)(D)(E)(F)(G)</p> <p style="color: blue; font-size: small;">(The end of 2<sup>nd</sup> day in this sample meets the federal requirement that prescribed topics are taught prior to clinical training and the topics meet a total of 16 hours as per Code of Federal Regulations (CFR 42), part 483, section 483.152(b).</p>	<p>regarding Theory Day 1 and Day 2 Curriculum AND/OR Theory (classroom) Makeup</p> <p>Hand Washing, proper linen handling, gloving, gowning, applying mask, doubling bagging.</p> <p>Demonstrates fire-disaster procedures. Handles oxygen safely. Uses of fire extinguishers. Demonstrates Heimlich maneuver on conscious and unconscious resident.</p> <p>Transfer/positioning techniques in bed and use of life sheet.</p> <p>Assisting resident from bed to chair, chair to bed. Use of gait belt. Feeding assistance.</p> <p style="color: blue; font-size: small;">LAB 8 HOURS (LAB hours do NOT count toward theory or clinical hours)</p>	<p>Tour of the Facility (1 hour) <b>**Tour of the facility does not count towards the required 100 hours of clinical training.</b></p> <p><b><u>Module 2: Resident's Rights</u></b> (1 hour)                      1. Knock on door before entering                      2. Pull privacy curtains during personal care                      3. Keep patient information confidential                      4. Treat patient with respect and dignity                      5. Encourage patient to make choices                      6. Explain procedures to patient</p> <p><b><u>Module 6: Medical and Surgical Asepsis</u></b> (4 hours)                      1. Hand washing                      2. Proper handling of linen</p> <p><b><u>Module 4: Prevention and Management of Catastrophe and Environmental Emergencies</u></b> (1 hour)                      1. Demonstrates fire/disaster procedures                      2. Handles oxygen safely                      3. Use of fire extinguisher</p> <p><b><u>Module 12: Emergency Procedures</u></b> (1 hour)                      1. Apply postural supports as safety devices                      2. Apply soft wrist/ankle restraints as safety devices                      3. Heimlich maneuver for conscious patient                      4. Heimlich maneuver for unconscious patient                      5. Position call light properly</p>	<p><b><u>Module 5: Body Mechanics</u></b>                      (4 hours)                      1. General use of gait belt.                      2. Assist patient up to head of bed with two assistants                      3. Turn and position the patient: (supine, side-lying, use of lift sheet)                      4. Assist transfer from bed to chair or wheelchair                      5. Assist transfer from chair or wheelchair to bed                      6. use of Mechanical lift</p> <p><b><u>Module 6: Medical and Surgical Asepsis</u></b> (4 hours)                      3. Use of standard precautions (gloving, gowning, applying masking)                      4. Dispose of trash and waste by double-bagging</p>

This Sample is being provided as an aid to assist in the preparation of the training program schedule - A completed schedule for the entire program must be submitted and it must include the type of training (theory, clinical or lab), the module and components being taught and the time-frame. Ensure that the minimum number of theory and clinical hours are met for each topic. Prior to any direct patient contact, a total of sixteen (16) hours of federal training shall be provided in prescribed topics (see CDPH 276C or CFR 42 as referenced above). This requirement is met if all theory components of the following modules are taught prior to clinical training. Modules 1, 2, 3, 4, 5, 6, 12 and 14. This form is available at this website: [www.cdph.ca.gov](http://www.cdph.ca.gov)