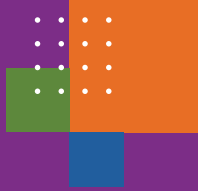


Tshuaj Tiv Thaiv Kabmob COVID-19 thiab Cev Xeeb Me Nyuam



Tshuaj tiv thaiv kab mob COVID-19 yog ib txoj kev uas koj yuav siv tau coj los tiv thaiv koj thiab koj tus mos ab thiab nws yuav tsis tsim teeb meem dab tsi.

Cov tib neeg uas lawv lub cev xeeb me nyuam lawm thiab kis tau kab mob COVID-19 yog cov uas ntxim yuav muaj mob hanyav ntau tshaj li cov tib neeg uas lawv lub cev tsis xeeb me nyuam.

Cov teeb meem los ntawm kab mob COVID-19 thaum cev xeeb me nyuam yuav ua tau rau tus neeg:

- mus pw hauv tsev kho mob
- muaj teeb meem ua pa uas tus neeg yuav tau siv ib lub tshuab ua pa
- muaj ntshav siab
- los ntshav
- yug me nyuam ua ntej thaum tsis tau txog caij yug
- me nyuam tuag hauv plab
- tuag

Mus txhaj tshuaj tiv thaiv thiab koob tshuaj uas txhaj los tiv thaiv ntxiv coj los tiv thaiv koj thiab koj tus me nyuam nyob hauv plab ntawm kab mob COVID-19

Txoj kev uas yuav tiv thaiv tau koj thiab koj tus me nyuam ntawm kab mob COVID-19 zoo tshaj yog mus txhaj cov tshuaj tiv thaiv kab mob COVID-19 zoo li qhov pom zoo kom txhaj thiab mus txhaj cov koob tshuaj uas txhaj los tiv thaiv ntxiv yog thaum twg txog sij hawm txhaj. Cov tshuaj tiv thaiv kab mob COVID-19 yuav txo tau qhov uas koj ntxim yuav muaj mob loj los sis qhov uas koj ntxim yuav tau mus pw hauv tsev kho mob thaum koj muaj kab mob COVID-19. Vim qhov ntawm no, txhua lub koom haum rau txoj kev noj qab nyob zoo ntawm cov poj niam muaj me nyuam thiaj li pom zoo kom txhaj.

[Cov tshuaj tiv thaiv yeej yuav tsis tsim teeb meem dab tsi rau thaum nyuam qhuav xeeb me nyuam mus txog thaum yuav yug](#), thiab yeej mus txhaj tau DAWB xwb.

Mus nrog koj tus kws kho mob tham saib cov tshuaj tiv thaiv kab mob [COVID-19 thiab cov koob tshuaj uas txhaj los tiv thaiv ntxiv twg yog cov yuav zoo tshaj rau koj mus txhaj](#).

Lus qhia ntxiv txog tshuaj tiv thaiv kab mob COVID-19 thiab cev xeeb me nyuam

- Cov tshuaj tiv thaiv yuav muab cov kab tiv thaiv kab mob rau hauv koj lub cev, uas yuav qhia koj lub cev los mus tiv thaiv kab mob COVID-19.
- Cov poj niam uas lawv txhaj tshuaj tiv thaiv tag lawm yuav muab cov kab tiv thaiv tus kab mob xa mus rau lawv tus me nyuam uas tseem nyob hauv plab; yog li ntawd, tus me nyuam yeej muaj kev tiv thaiv me ntsis lawm thaum nws yug los.
- Nws yeej muaj ntau lab tus poj niam cev xeeb me nyuam uas lawv tau mus txhaj tshuaj tiv thaiv kab mob COVID-19 tag lawm thiab lawv yeej tsis muaj teeb meem dab tsi.
- Cov mob me uas muaj cuam tshuam rau cov tshuaj yeej yog ib cov mob uas ib txwm muaj. Tej zaum koj yuav muaj tej cov mob me (side effects) tom qab koj mus txhaj tag, zoo li mob ib ce, ua no, thiab nkees nkees tsis muaj zog. Hu mus rau ib tus kws kho mob yog koj muaj lus nug dab tsi los sis yog koj muaj lus hanyav siab txog cov mob me los sis yog koj ua npaws.
- Mus xyuas ntawm [MyTurn.ca.gov](https://www.myturn.ca.gov) mus teem sij hawm rau koj mus txhaj tshuaj tiv thaiv los sis hu rau ib tus kws kho mob los sis ib lub chaw kho mob



Mus xyuas tsab ntawv ntawm no nyob hauv CDPH lub vas sab (website)

