



Dear California Child Care Director,

While anyone can get very sick from flu, those with chronic health conditions and children under 5 years old are especially vulnerable to serious [complications from flu](#). Let's keep all children safe from catching the flu or COVID-19 with lifesaving immunizations. **Make sure parents know that flu and**

COVID-19 vaccines are now available for children 6 months of age and older; stress that it is safe to receive a COVID-19 vaccine at the same time as flu vaccine.

Take steps to protect your center from flu outbreaks this season:

Make it easy to get a flu vaccine!

- Encourage parents to contact their child's doctor to get a flu shot and any other shots they may have missed during the pandemic. Consider using these [template messages](#).
- Promote [My Turn](#) for families and staff seeking flu vaccination and/or call your [local health department](#) to find out if they are offering free or low-cost flu vaccine. **As a reminder, child care staff and volunteers are required by law (Chapter 807, Statutes of 2015) to get vaccinated against flu, unless they have a signed letter from a doctor for either a medical exemption or a declination.**

Share online:

- [Don't Wait Vaccinate flu campaign](#) social media messages
- Personal stories like [Gianna's Story](#) (two-and-a-half-year-old girl)

Post at your center:

- [Protect Against Flu and Whooping Cough poster](#) | [Spanish](#)
- [Keep Our School Healthy Symptoms poster](#) | [Spanish](#)
- [Germ-Free Zone multilingual poster](#) | [English/Spanish](#) | [English/Chinese](#)

Si trabaja o es voluntario(a) en un centro de cuidado infantil, PROTÉJASE CONTRA EL SARAMPiÓN, TOSFERINA E INFLUENZA

Protéjase
Se requiere que el personal de cuidado infantil y voluntarios en California presenten un comprobante de vacunación contra estas enfermedades peligrosas: la influenza (la gripe), la tosferina y el sarampión.

Proteja a nuestros niños
Puede transmitir estas enfermedades mortales, incluso antes de sentirse enfermo(a). El vacunarse ayuda a proteger a los niños que cuida.

Evite faltar al trabajo
Si se enferma, puede perder varias semanas de trabajo. Las vacunas son seguras y le ayudan a permanecer sano(a).

¡Haga una cita para ponerse las vacunas que necesita hoy mismo!

El personal y voluntarios en centros de cuidado infantil necesitan comprobantes de la:
Vacuna contra la influenza-cada año
Vacuna contra la tosferina
Vacuna contra el sarampión

Resources

- [Don't Wait – Vaccinate! flu campaign](#) (CIC)
- [Fight the Flu. Get Vaccinated! campaign](#) (CDPH)
- [Flu and Respiratory Disease Prevention Materials](#) (EZIZ)
- [Information for Schools and Childcare Providers](#) (CDC)
- [COVID-19 Child Care Resources](#) (CA Safe Schools for All)

We appreciate all that you do to keep staff and children safe and healthy!