



## Sample Zika + Sex Facebook posts:

#Zika is spread by specific types of mosquito—and also by an infected person to his or her partners during sex. Get answers to your Zika questions: <http://bit.ly/ZikaandSex> #TalkZIKA #ZikaFacts

#Zika virus can pass from a mother to her unborn baby during #pregnancy and cause birth defects. Here are three ways to stay safe if you're pregnant or considering pregnancy:

- Don't go to areas with risk of Zika;
- Prevent mosquitoes from biting and breeding around your home; and
- Practice safer sex, or don't have sex at all if your partner was recently in an area with Zika.

To learn more about preventing Zika, visit: <http://bit.ly/ZikaandSex> #TalkZIKA #ZikaFacts

Planning a vacation? The CDC has travel information for people going to or returning from areas with #Zika. It's important to practice safer sex by wearing condoms during all types of sex while traveling in these areas. Learn more: <http://bit.ly/PackforZika> #TalkZIKA #ZikaFacts

There is no specific medicine or vaccine for #Zika, and most people who have it don't show symptoms. #Pregnant women shouldn't go to areas with Zika—and everyone can prevent mosquito bites and take precautions to prevent sexual transmission. <http://bit.ly/ZikaandSex> #TalkZIKA #ZikaFacts

Recently been to Mexico? The Zika virus is in Mexico, and it can be transmitted by mosquitoes **AND** sex.

Women: Wait at least 2 months after travel or symptom onset before trying to get pregnant.

Men: Wait at least 3 months before trying to get pregnant with your partner.

Share CDPH's Zika + Sex poster: <http://bit.ly/ZikaandSex>

#TalkZIKA #Zika #Travel

Pregnant and MUST go to an area with Zika? Use mosquito repellent and condoms to protect yourself from #Zika! #TalkZIKA #ZikaFacts

Did you know that Zika is sexually transmitted? Becoming infected while pregnant can cause birth defects. If you have recently been to an area with #Zika, it might be a good time to delay pregnancy.

Practice safer sex and use effective birth control until your doctor says it is safe to get pregnant.

Learn more: <http://bit.ly/ZikaandFamilyPlan>

Share CDPH's Zika + Sex poster: <http://bit.ly/ZikaandSex>

#Pregnant and living in California? You can still get the #Zika virus and pass it to your unborn baby if you cross the border into Mexico. Learn about this disease and how to protect yourself:

<http://bit.ly/ZikaQandA> #TalkZIKA #ZikaFacts

There are things we DON'T know about #Zika yet, but we DO know that #pregnant women should:

- prevent mosquito bites
- avoid going to areas with outbreaks
- use condoms if their partners have been to areas with #Zika

Learn more: <http://bit.ly/ZikaandSex>

#TalkZIKA #ZikaFacts

#Pregnant and recently been to an area with #Zika or had sex with someone who has? Talk to your doctor whether or not you have symptoms of fever, rash, joint pain or red eyes. Learn more:

<http://bit.ly/ZikaandSex> #TalkZIKA #ZikaFacts