

# Protect Your Child from Lead in Dirt

Lead can harm your child. Dirt around your home could have lead in it. Keep your child safe from lead in dirt:



**Wash your child's hands and toys often.**

Always wash hands before eating or sleeping.

**Take off shoes or wipe them on a doormat**

before going into your home.

**Cover bare dirt outside where your child plays.**

Use grass or other plants, bark, gravel, or concrete.

**Fruit and vegetable gardens should be planted as far away as possible from busy streets and older buildings.**

Store-bought soil is best for growing food. Always wash all fruits and vegetables before eating.

Call your local lead poisoning prevention program to find out about testing the dirt around your home for lead.



Lead poisoning can make it hard for your child to learn, pay attention, and behave. Talk to your child's doctor about testing your child for lead.

Most children who have lead poisoning **do not look or act sick**. The only way to know if your child has lead poisoning is for your child to get a blood test for lead.

For more information, go to [www.cdph.ca.gov/programs/clppb](http://www.cdph.ca.gov/programs/clppb), or call your local Childhood Lead Poisoning Prevention Program:

