

What is the Asthma Management Academy (AsMA)?

The Asthma Management Academy (AsMA) trains [community health workers](#) (CHWs) and other health educators how to deliver evidence-based asthma education to individuals and families with asthma.

The training incorporates hands-on activities about:

- Scope of asthma
- Asthma triggers, such as mold, pests, and smoking
- Asthma medications and delivery devices
- Guidelines-based assessment and monitoring tools, such as the Asthma Action Plan (AAP) and Asthma Control Test (ACT)
- Best practices for asthma home visits



AsMA Partner Organizations and Participants



Since 2017, the AsMA has trained



over **500** CHWs and other health educators from over **75** organizations including:

- Federally Qualified Health Centers
- Community-Based Organizations
- Medi-Cal Health Plans
- Local Health Departments
- Hospitals

CHW Knowledge and Skills

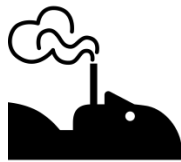
AsMA participants increased their asthma knowledge and skills. On average, participants scored **97%** on a competency test covering:



The scope of asthma



Asthma medications and teaching proper use of asthma medication delivery devices



Asthma triggers, such as mold, pests, and smoking



Using asthma assessment and monitoring tools, such as the ACT, AAP

Impact on Individuals with Asthma

Among individuals with poorly controlled asthma who completed **at least one asthma education session** taught by AsMA-trained CHWs and health educators:



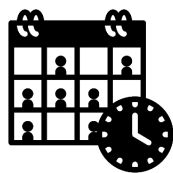
83%

had **reduced** emergency department visits and hospitalizations



80%

had **improved** asthma control



70%

had **fewer** missed work or school days