



## Join us for Infection Prevention and Control Training Sessions for CNA (Online) - September-October 2022

**Course Description:** Each one-hour interactive infection prevention & control training session includes 30 minutes of content followed by 30 minutes of discussion. A new topic is covered each week. Register for sessions that best suit your schedule. **\*New Spanish sessions!**

**Audience:** Certified Nursing Assistants (CNA) in California skilled nursing facilities

### Week 1- Standard Precautions

Tues 9/6	10AM—11AM
<b>Tues 9/6</b>	<b>2PM—3PM*</b>
Wed 9/7	5AM—6AM
Thurs 9/8	10AM—11AM
Thurs 9/8	6PM—7PM
Fri 9/9	2PM—3PM
Sat 9/10	10AM—11AM

#### Objectives

- List the six elements of Standard Precautions
- Discuss the importance of hand hygiene (HH)
- Describe how hand hygiene plays a vital role in every element of Standard Precautions

### Week 2- Personal Protective Equipment (PPE)

Mon 9/12	2PM—3PM
Tues 9/13	10AM—11AM
Wed 9/14	10PM—11PM
Thurs 9/15	6PM—7PM
<b>Fri 9/16</b>	<b>2PM—3PM*</b>
Sat 9/17	10AM—11AM

#### Objectives

- Describe how to select appropriate PPE
- Discuss the consequences incorrect PPE use
- Review how to correctly don and doff PPE

### Week 3 - Environmental Cleaning & Disinfection (EVS)

Mon 9/19	2PM—3PM
Tues 9/20	10AM—11AM
<b>Wed 9/21</b>	<b>2PM—3PM*</b>
Wed 9/21	4PM—5PM
Thurs 9/22	6PM—7PM
Fri 9/23	2PM—3PM

#### Objectives

- Discuss the role of the environment in the spread of germs
- Discuss how EVS prevents spread of germs
- Discuss how to read product labels for contact times
- List steps on how to clean and disinfect high-touch areas
- Discuss strategies used to ensure effectiveness of EVS

### Week 4- Positioning & Transferring Residents

Mon 9/26	2PM—3PM
Tues 9/27	10AM—11AM
Wed 9/28	5AM—6PM
<b>Wed 9/28</b>	<b>2PM—3PM*</b>
Thurs 9/29	6PM—7PM
Fri 9/30	2PM—3PM

#### Objectives

- Review HH, PPE use, & EVS practices while positioning or transferring residents
- Describe why proper positioning is essential to prevent infection
- Identify ways to prevent infection from pressure injury
- Describe strategies to avoid skin deterioration & infection by avoiding friction and shearing

**Week 5- Bathing & Dressing Residents**

Mon 10/3 2PM—3PM  
Tues 10/4 10AM—11AM  
Wed 10/5 10PM—11PM  
Thurs 10/6 6PM—7PM  
Fri 10/7 2PM—3PM  
**Sat 10/8 10AM—11AM\***

**Objectives**

- Describe three ways to avoid spreading germs while providing resident care
- Review measures to minimize the risk of spreading germs
- Identify appropriate PPE to use while bathing & dressing residents

**Week 6- Skin, Perineal, & Urinary Catheter Care**

Tues 10/11 10AM—11AM  
**Wed 10/12 2PM—3PM\***  
Wed 10/12 4PM—5PM  
Thurs 10/13 6PM—7PM  
Fri 10/14 2PM—3PM  
Sat 10/15 10AM—11AM

**Objectives**

- Describe three ways to prevent infection during skin, perineal, & urinary catheter care
- Discuss how healthy skin can prevent infection
- Describe correct procedures used for skin, perineal, & urinary catheter care

**Week 7- Oral Care & Feeding**

Mon 10/17 2PM—3PM  
Tues 10/18 10AM—11AM  
**Tues 10/18 2PM—3PM\***  
Wed 10/19 5AM—6AM  
Thurs 10/20 6PM—7PM  
Fri 10/21 2PM—3PM

**Objectives**

- Review infection prevention principles & recommendations for oral care & feeding in skilled nursing facilities
- Discuss the importance of oral hygiene & proper feeding techniques
- Identify infection prevention practices during oral care & feeding

**Week 8- Nail Care & Shaving**

Mon 10/24 2PM—3PM  
Tues 10/25 10AM—11AM  
Wed 10/26 10PM—11PM  
Thurs 10/27 6PM—7PM  
**Fri 10/28 2PM—3PM\***

**Objectives**

- Review the need for infection prevention during nail care & shaving
- Describe infection prevention practices for nail care & shaving
- Discuss injuries that may occur during personal care

**Registration:** [Register via LearningStream](#) or by scanning the QR code to the right

**Certificates of Attendance:** We will issue certificates of attendance to those who register, attend, & complete the course evaluation of a training session



**INFECTION PREVENTION AND CONTROL WORKS! IS A TEAM EFFORT! MATTERS!**

California's Project Firstline is an infection prevention & control training program committed to preparing frontline healthcare workers, specifically skilled nursing facility CNAs, to protect themselves, their residents, & their communities from infectious disease.