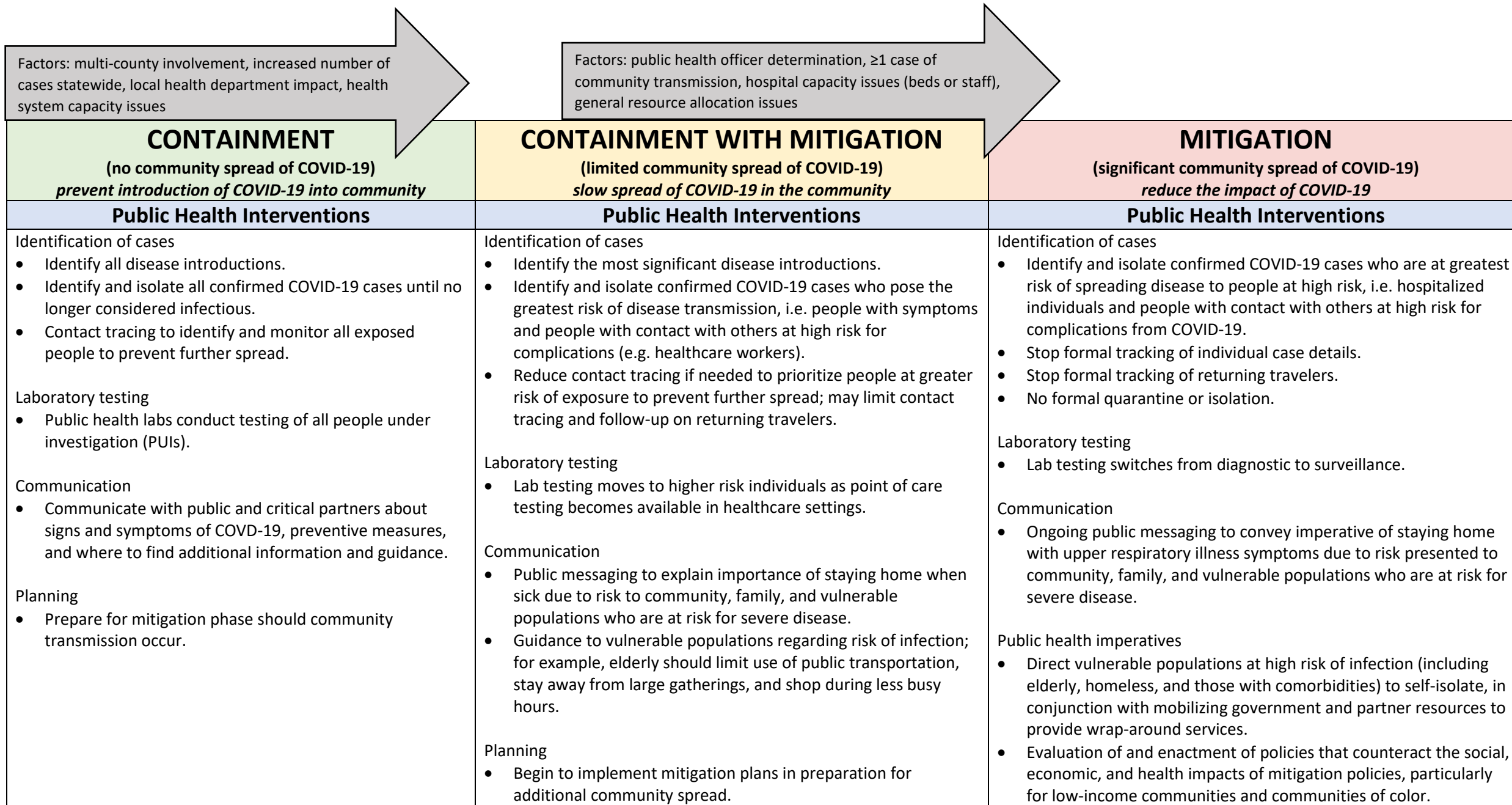


# California Phased Approach to COVID-19 Management

FOR ADDITIONAL GUIDANCE SEE [CDPH GUIDANCE DOCUMENTS ON COVID-19](#)



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<p>Factors: multi-county involvement, increased number of cases statewide, local health department impact, health system capacity issues</p>	<p>Factors: public health officer determination, ≥1 case of community transmission, hospital capacity issues (beds or staff), general resource allocation issues</p>	
<p><b>CONTAINMENT</b> (no community spread of COVID-19) <i>prevent introduction of COVID-19 into community</i></p>	<p><b>CONTAINMENT WITH MITIGATION</b> (limited community spread of COVID-19) <i>slow spread of COVID-19 in the community</i></p>	<p><b>MITIGATION</b> (significant community spread of COVID-19) <i>reduce the impact of COVID-19</i></p>
<p><b>Healthcare System Actions</b></p>	<p><b>Healthcare System Actions</b></p>	<p><b>Healthcare System Actions</b></p>
<p>FOR MORE INFORMATION SEE <a href="#">CDPH GUIDANCE FOR HEALTH CARE FACILITIES</a></p>		
<p>Facilities and operations</p> <ul style="list-style-type: none"> <li>Assess and strengthen facility infection control programs.</li> <li>Use of negative pressure isolation rooms for both confirmed and suspected cases.</li> <li>Use of full personal protective equipment (PPE) in caring for confirmed and suspected cases.</li> </ul> <p>Healthcare workforce</p> <ul style="list-style-type: none"> <li>Quarantine any exposed healthcare personnel (HCP).</li> <li>Assess plans for monitoring of HCP and plans for increasing numbers of HCP if needed.</li> <li>Assess HCP sick leave policies (healthcare facilities should provide non-punitive sick leave options to allow HCP to stay home when ill).</li> <li>Encourage HCP to stay home and notify healthcare facility administrators of illness when sick.</li> <li>In conjunction with local health department, identify exposed HCP, and implement recommended monitoring and work restrictions.</li> </ul> <p>Patients and visitors</p> <ul style="list-style-type: none"> <li>Implement triage prior to entering facilities to rapidly identify and isolate patients with respiratory illness (e.g., phone triage before patient arrival, upon arrival).</li> <li>Assess visitor policies.</li> </ul>	<p>Facilities and operations</p> <ul style="list-style-type: none"> <li>Continue heightened infection control at facilities.</li> <li>Recommend but not require use of negative pressure isolation rooms.</li> <li>Actively monitor PPE supplies and report shortages to State.</li> <li>Request regulatory flexibility through program flexes as needed.</li> </ul> <p>Healthcare workforce</p> <ul style="list-style-type: none"> <li>Actively monitor HCP absenteeism and respiratory illness among HCP.</li> <li>Implement symptom screening for any potentially exposed HCP.</li> <li>Consider allowing asymptomatic exposed HCP to work while wearing a facemask.</li> <li>Begin to cross train HCP for working in other units in anticipation of staffing shortages.</li> </ul> <p>Patients and visitors policies and procedures</p> <ul style="list-style-type: none"> <li>Implement triage before entering facilities (e.g. parking lot triage, front door); phone triage and telemedicine; options to limit unnecessary healthcare visits.</li> <li>Establish processes to evaluate and test large numbers of patients and HCP with respiratory symptoms (e.g. designated clinic, surge tent).</li> <li>Implement changes to visitor policies to further reduce limit exposures to HCP, residents, and patients. Changes could include temperature/symptom checks for visitors, limiting visitor movement in the facility, etc.</li> </ul>	<p>Facilities and operations</p> <ul style="list-style-type: none"> <li>Establish cohort units or facilities for large numbers of patients.</li> <li>Transport patients who do not need high level medical care to alternative care sites</li> <li>Identify areas of operations that may be subject to alternative standards of care and implement necessary changes (e.g., allowing mildly symptomatic HCP to work while wearing a facemask).</li> <li>Trigger healthcare surge plans, including alternate methods for delivering care.</li> <li>Request regulatory flexibility through program flexes and waivers from statutory requirements as needed.</li> <li>Monitor and report healthcare system impacts to local and state public health departments.</li> </ul> <p>Healthcare workforce</p> <ul style="list-style-type: none"> <li>Continue symptom screening for any potentially exposed HCP.</li> <li>Consider requiring all HCP to wear a facemask when in the facility depending on supply.</li> </ul> <p>Patients and visitors</p> <ul style="list-style-type: none"> <li>Cancel elective and non-urgent procedures.</li> <li>Restrict all visitors from facility entry to reduce facility-based transmission.</li> </ul>

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<p><b>Community Actions</b></p>	<p><b>Community Actions</b></p>	<p><b>Community Actions</b></p>
<p>FOR MORE INFORMATION SEE CALIFORNIA STATE GUIDANCE FOR <a href="#">SCHOOLS, COLLEGES AND UNIVERSITIES</a>, <a href="#">EVENT ORGANIZERS</a>, <a href="#">EMPLOYERS AND WORKERS</a></p>		
<p>Informational</p> <ul style="list-style-type: none"> <li>Know the signs and symptoms of COVID-19 and what to do if symptomatic: <ul style="list-style-type: none"> <li>Stay home when sick</li> <li>Call clinic or physician office in advance of a visit</li> <li>Limit movement in the community</li> <li>Limit visitors</li> </ul> </li> <li>Know where to find local information on COVID-19 and local trends of COVID-19 cases.</li> <li>Know what additional measures those at high-risk and who are vulnerable should take.</li> </ul> <p>Individual</p> <ul style="list-style-type: none"> <li>Implement personal protective measures (e.g., stay home when sick, handwashing, respiratory etiquette, clean frequently touched surfaces daily).</li> <li>Create a household plan of action in case of illness in the household or disruption of daily activities due to COVID-19 in the community. <ul style="list-style-type: none"> <li>Consider 2 week supply of prescription and OTC medications, food and other essentials. Know how to get food delivered if possible.</li> <li>Establish ways to communicate with important others (e.g., family, friends, co-workers)</li> <li>Establish plans to telework, what to do about childcare needs, how to adapt to cancellation of events.</li> </ul> </li> </ul>	<p>Informational</p> <ul style="list-style-type: none"> <li>Continue to monitor local information about COVID-19.</li> </ul> <p>Individual</p> <ul style="list-style-type: none"> <li>Continue to practice personal protective measures.</li> <li>Continue to put household plan into action.</li> <li>Individuals at risk of severe illness should consider staying at home and avoiding gatherings or other situations of potential exposures, including travel.</li> </ul> <p>Organizations</p> <ul style="list-style-type: none"> <li>Implement social distancing measures such as: <ul style="list-style-type: none"> <li>Limit gatherings (e.g. school assemblies, staff meetings, after-work functions)</li> <li>Cancel large gatherings &gt;250 people; ensure those attending can maintain a distance of 6 feet</li> <li>Cancel gatherings &gt;10 people if at high risk for complications of COVID-19 infection</li> <li>Alter schedules to reduce mixing (e.g., stagger entry/dismissal and recess times for schools, work schedules)</li> <li>Space workers at worksites</li> <li>Leverage technology (e.g. e-learning for schools, teleconferences in lieu of in-person meetings, teleworking) particularly for individuals at risk of severe illness</li> </ul> </li> <li>Limit non-essential work travel.</li> </ul>	<p>Informational</p> <ul style="list-style-type: none"> <li>Continue to monitor local information about COVID-19.</li> </ul> <p>Individual</p> <ul style="list-style-type: none"> <li>Continue to practice personal protective measures.</li> <li>Continue to put household plan into action.</li> <li><u>All</u> individuals should limit community movement and adapt to disruptions in routine activities (e.g., school and/or work closures) according to guidance from local officials.</li> </ul> <p>Organizations</p> <ul style="list-style-type: none"> <li>Cancel or further decrease the size of community gatherings.</li> <li>Consider closing non-essential public spaces (e.g. libraries, playgrounds, sport arenas).</li> <li>Consider closing all workplaces except those critical to public health such as supermarkets, health care facilities, pharmacies, sanitation.</li> <li>Consider restrictions on mass transit.</li> <li>Mandate self-isolation of persons with respiratory symptoms.</li> </ul> <p><i>Schools</i> (in consultation with local public health authorities)</p> <ul style="list-style-type: none"> <li>Consider closing schools (public and private).</li> <li>Cancel school-associated meetings.</li> <li>Implement distance learning if feasible.</li> </ul>

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Community Actions	Community Actions	Community Actions
(Continued) <ul style="list-style-type: none"> <li>• Know about emergency operations plans for schools/workplaces of household members.</li> </ul> Organizations <ul style="list-style-type: none"> <li>• Know what to do if workers or clients/students become symptomatic at site.</li> <li>• Review and update emergency operations plan (including implementation of social distancing measures, e.g. distance learning for schools) or develop plan if one is not available.</li> <li>• Evaluate whether there are workers or clients/students who are at risk for severe illness and develop plans for them to continue to work or receive services if COVID-19 community impact increases.</li> <li>• Encourage personal protective measures among workers (e.g., stay home when sick, handwashing, respiratory etiquette).</li> <li>• Encourage workers to stay home and notify workplace administrators of illness when sick.</li> <li>• Review, update, or develop workplace plans to include:                             <ul style="list-style-type: none"> <li>○ Liberal leave and telework policies</li> <li>○ 7-day leave policies for people with symptoms</li> <li>○ Consider alternate team approaches for work schedules</li> </ul> </li> <li>• Clean frequently touched surfaces daily.</li> <li>• Ensure hand hygiene supplies are readily available.</li> </ul>	(Continued) <ul style="list-style-type: none"> <li>• Encourage self-isolation of persons with respiratory symptoms.</li> <li>• Implement regular symptom screening (e.g. temperature and respiratory symptom screening) of workers, visitors, and students/clients in high risk settings.</li> </ul>	(Continued) <i>Employers</i> <ul style="list-style-type: none"> <li>• Implement extended telework arrangements.</li> <li>• Ensure flexible leave policies for staff who need to stay home due to school/childcare dismissals.</li> <li>• Cancel work-related travel.</li> <li>• Cancel work-sponsored conferences, tradeshow, etc.</li> </ul>