

VALLEY FEVER COULD BE MORE SEVERE FOR CERTAIN GROUPS OF PEOPLE



ARE YOU AT RISK?

Some people are at risk of getting Valley fever, and certain groups of people are at higher risk of developing severe disease if they are infected.

People at risk of getting Valley fever include:

- People who live, work, or travel to or through areas with high rates of Valley fever, especially if they:
 - » Spend time doing outdoor activities that involve close contact with dirt or dust, including digging projects or landscaping
 - » Live or work near areas where dirt and soil are stirred up, such as construction or excavation sites
 - » Work in jobs where dirt and soil are stirred up or disturbed, including construction, field work, military work, and archaeology

If you work in a job where dirt or soil is disturbed in a place where Valley fever is common, more information is available for you and your employer at CouldBeValleyFever.org.

People at higher risk of severe Valley fever or getting very sick if they are infected include:

- Older adults (60+ years old)
- People who are Black or Filipino
- Pregnant women, especially in the later stages of pregnancy
- People with diabetes
- People with health conditions that weaken the immune system such as:
 - » Cancer
 - » Human immunodeficiency virus (HIV) infection
 - » Autoimmune illnesses
 - » Treatment with chemotherapy, steroids, or other medications that affect the immune system
 - » Organ transplant

Get more information
and stay in the know:

[COULDBEVALLEYFEVER.ORG](https://CouldBeValleyFever.org)

